



User Guide

Version 1.0
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Bubbles and the Five Elements

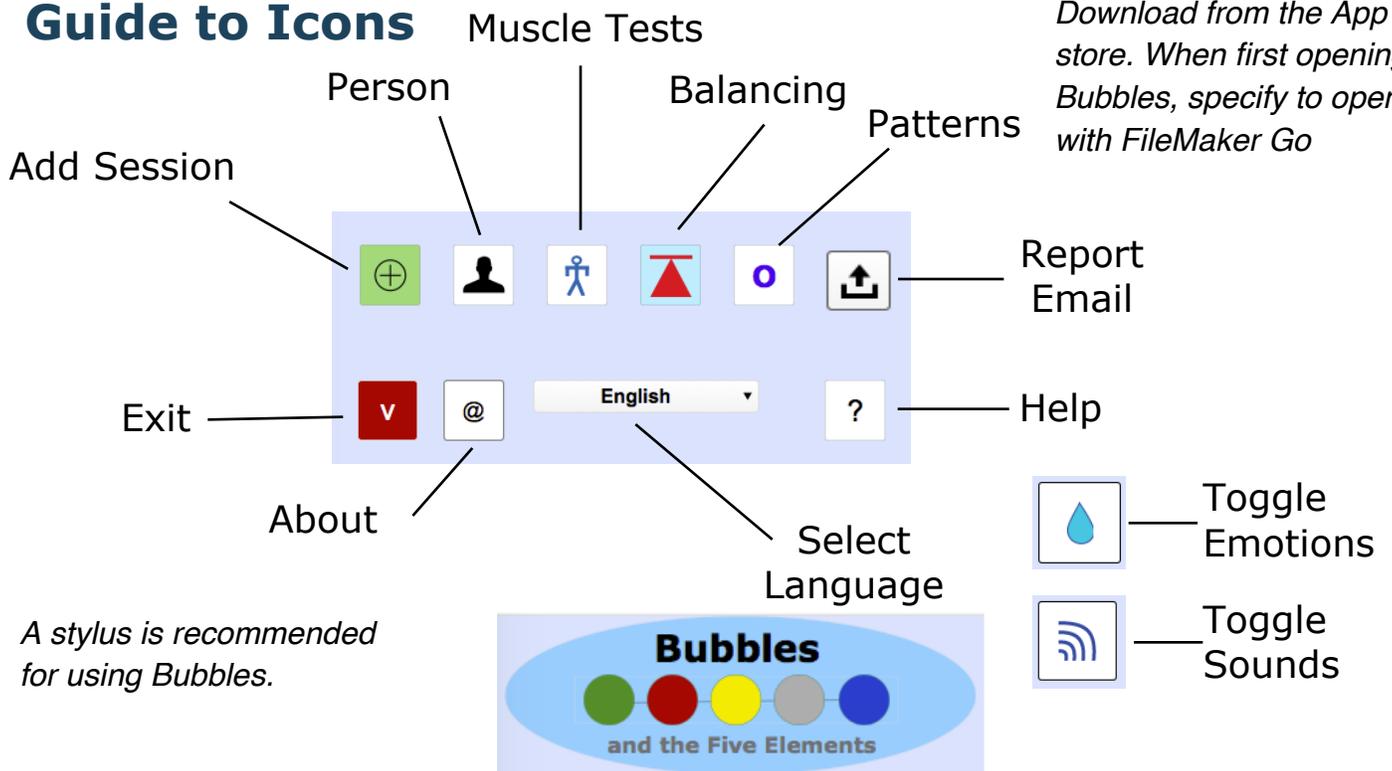


Bubbles is an advanced tool for recording the results of muscle testing and providing key information for balancing using the Five Elements, particularly, when using Emotions and Sounds of the elements. The software contains no explanatory content and is built with a minimum of words in seven languages with icons and graphics meant to convey information.

The *eTouch for Health* software and *Touch for Health* classes are recommended for learning techniques that are used in Bubbles.

The free FileMaker Go is used to run Bubbles. Download from the App store. When first opening Bubbles, specify to open with FileMaker Go

Guide to Icons



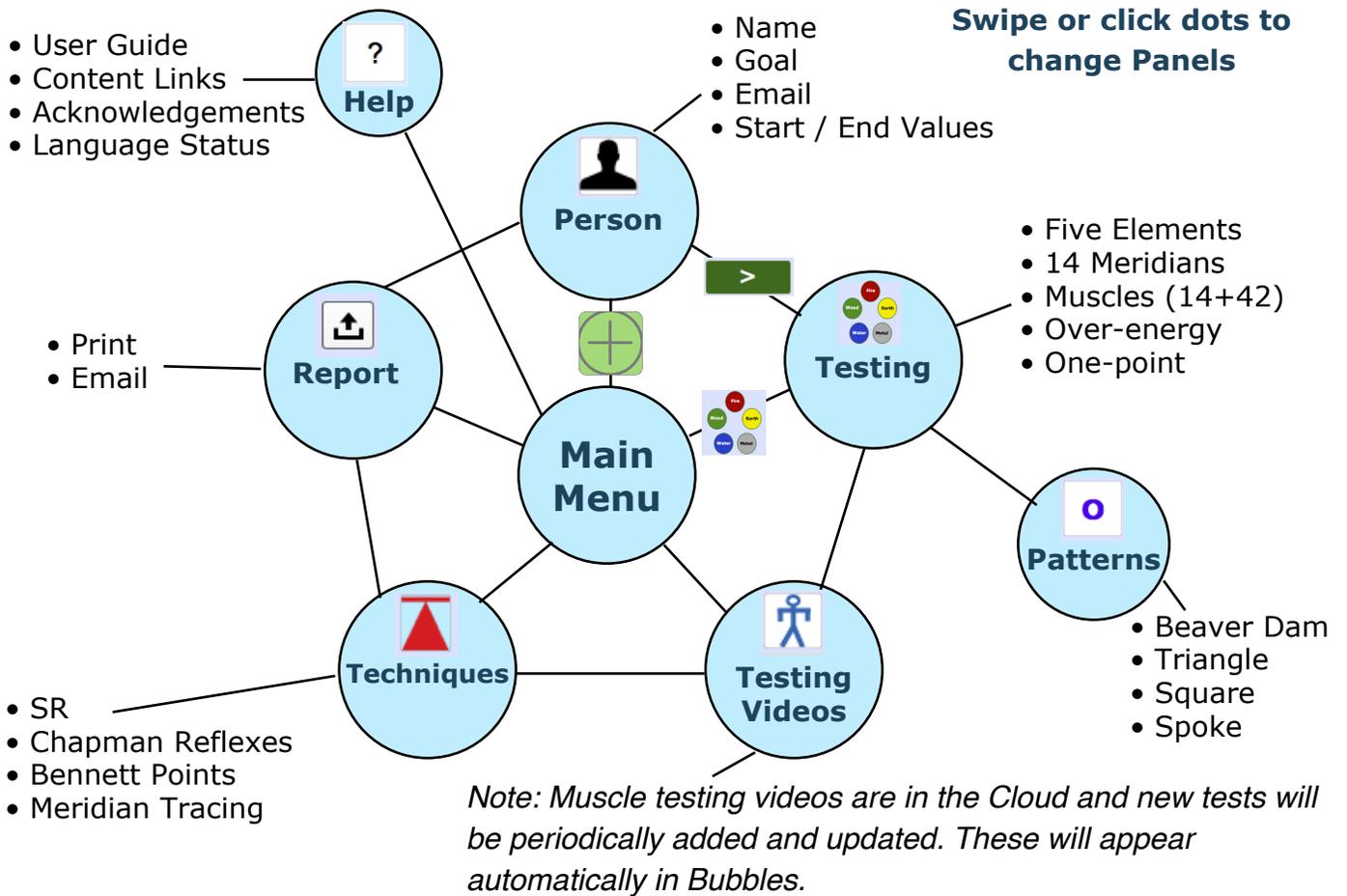
A stylus is recommended for using Bubbles.

Clicking Five Elements on any page returns to Main Menu

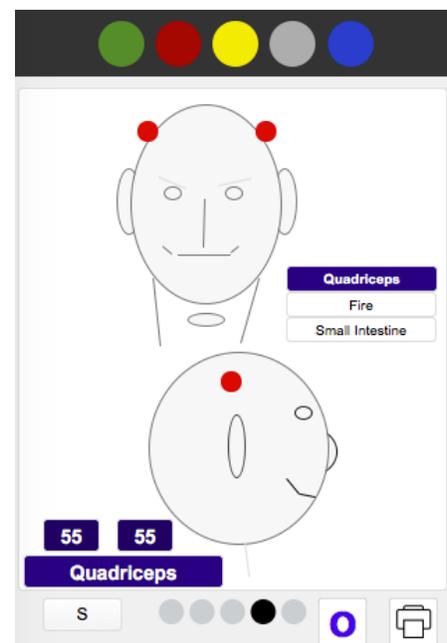
Bubbles and the Five Elements is not used for the diagnosis or treatment of disease. For all life-threatening issues and with continuing or worsening symptoms, always seek professional healthcare attention.

Functional Areas of Bubbles

Click icons to go to Areas.
Swipe or click dots to change Panels



Note: Illustrations of locations of points and reflexes used for balancing are general references and may not be anatomically correct. Use the references listed in Help for learning specific techniques and locations. No techniques are taught in Bubbles, only graphical references.





New Session



Add:

- Person
- Email
- Goal
- Starting and ending session values

Click here to begin testing



Recording Results

Clicking the Five Elements on the Main Menu takes you to the Recording area. There are five panels and accessed by swiping or clicking the circles on the bottom of the screens.

Each panel presents a different way to use Bubbles. Panel 1 is for Five Element balances using Emotions and Sounds.



Toggle Emotions

Toggle Sounds

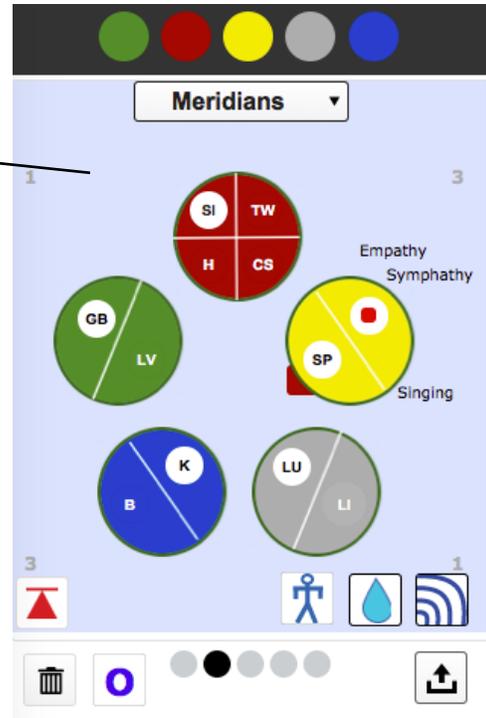
Panel 1

Panel 2 focuses on Meridians

Modes

- Elements
- Meridians
- Muscles
- Over energy
- One point

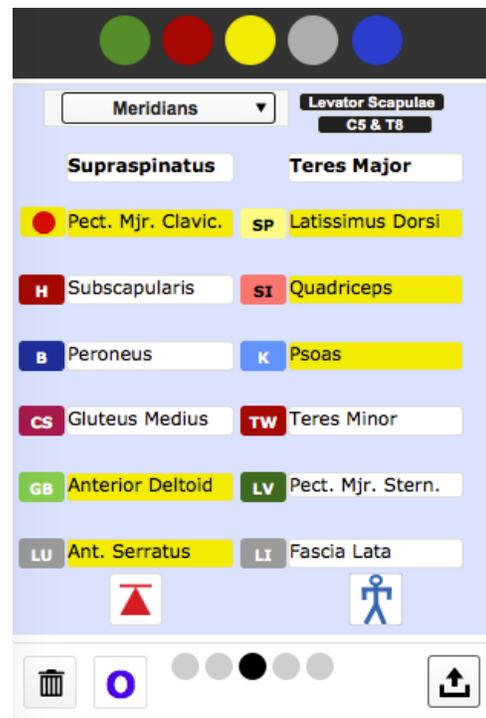
Your selection of Mode determines how your click upon a Meridian is interpreted by Bubbles. When in Meridian Mode, clicking on a meridian toggles the state.



Panel 2

14 Muscle Recording

Entries previously made in Panels 1 & 2 are also recorded in the 14 Muscles area and vice versa.

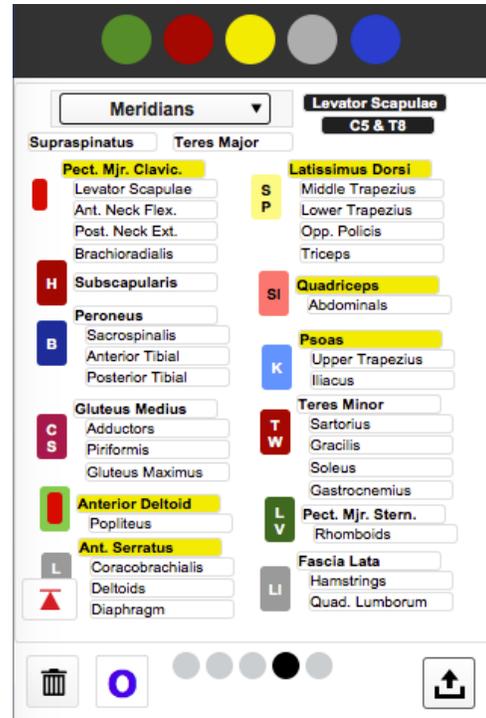


Panel 3

42 Muscle Recording

Setting the Mode to 'Meridians' affects the meridian and primary indicator muscle.

Setting the Mode to 'Muscles' allows setting individual muscles



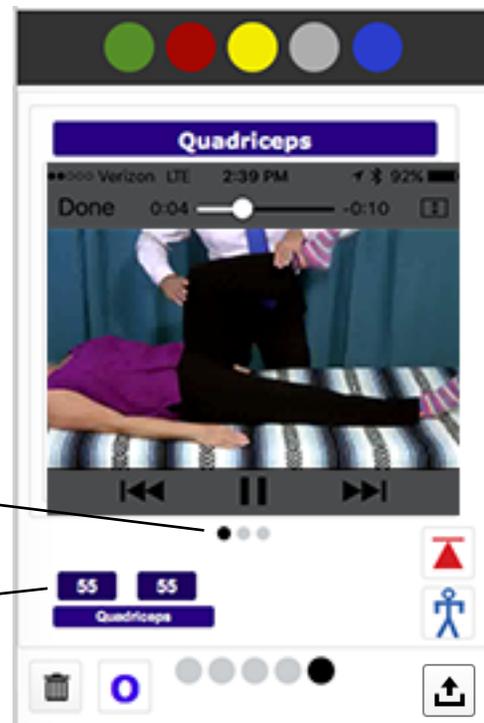
Panel 4

Muscle Testing Videos

Movies are stored in the Cloud and a WiFi connection is required. As new tests are added, your Bubbles player will play them automatically.

There are three possible tests per muscle. Each test is repeated three times.

Muscle Tests can be selected from the two numbered popup lists. The popup list on the left is in Meridian order and the one on the right is alphabetical.



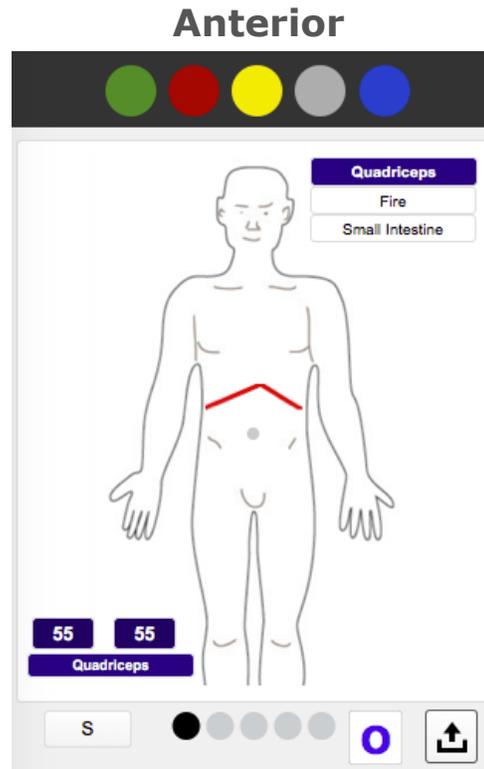
Panel 5



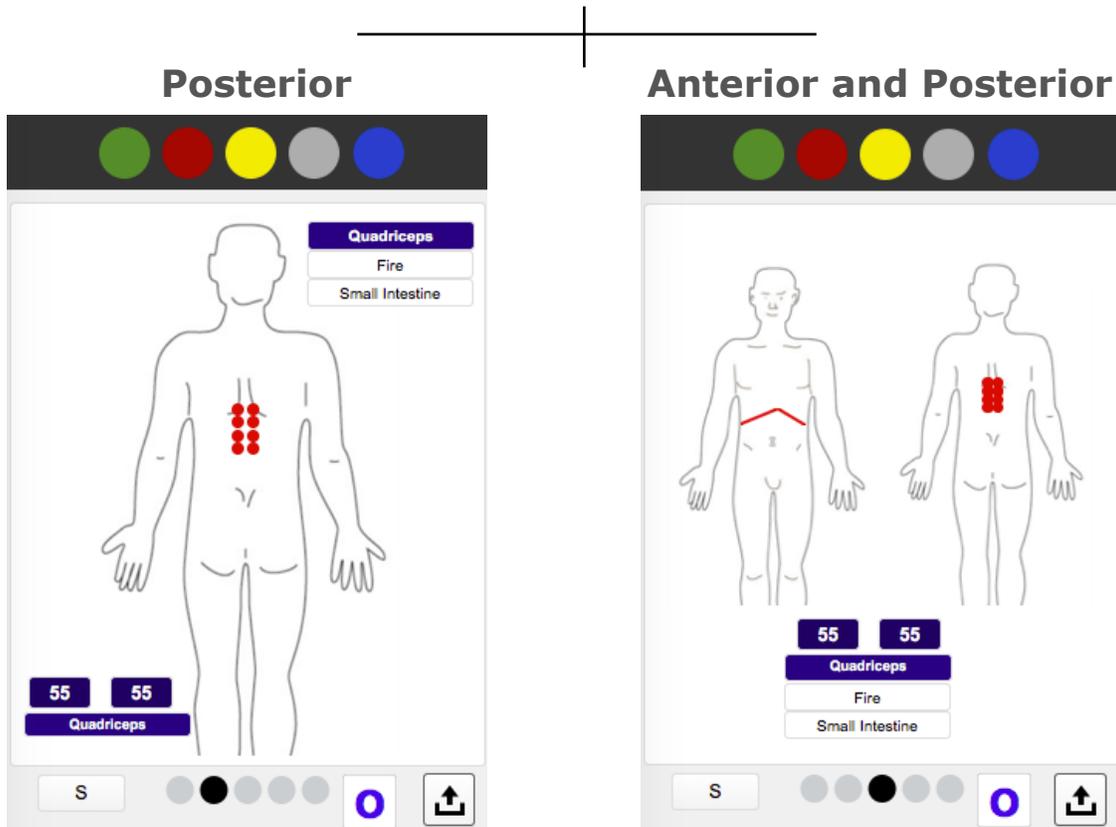
Correction Techniques

The last muscle selected in the recording area will be active when landing here.

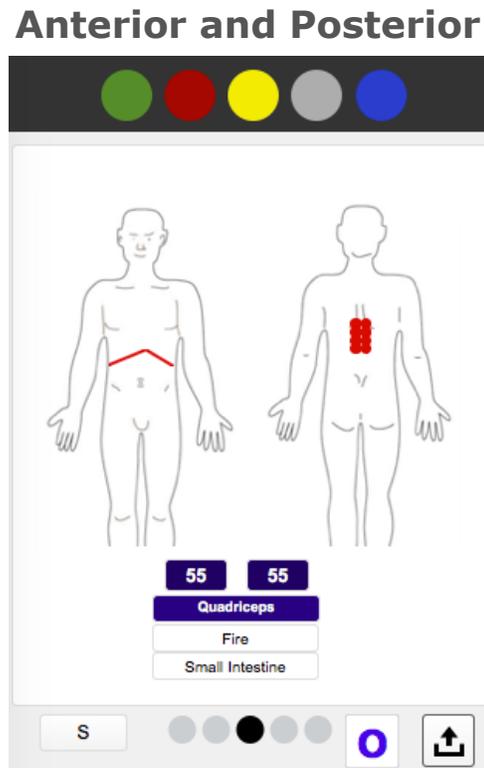
Two numbered popup lists allow selecting any muscle. The list on the left is Meridian order and the other is Alphabetically ordered.



Panel 1



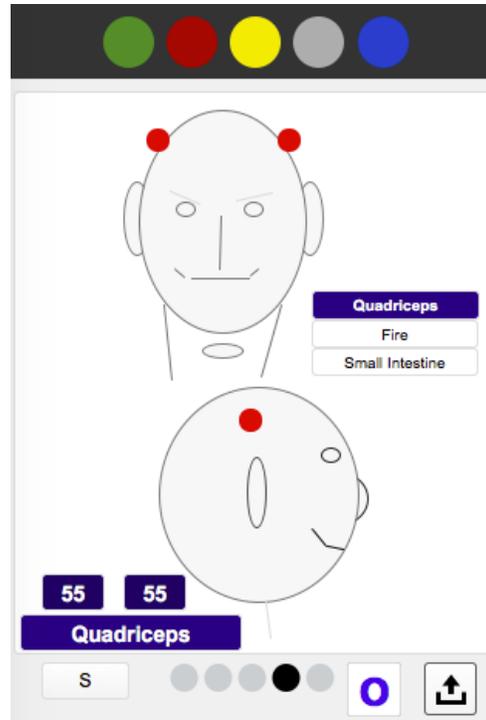
Panel 2



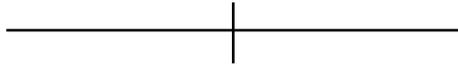
Panel 3

The last muscle selected in the recording area will be active when landing here.

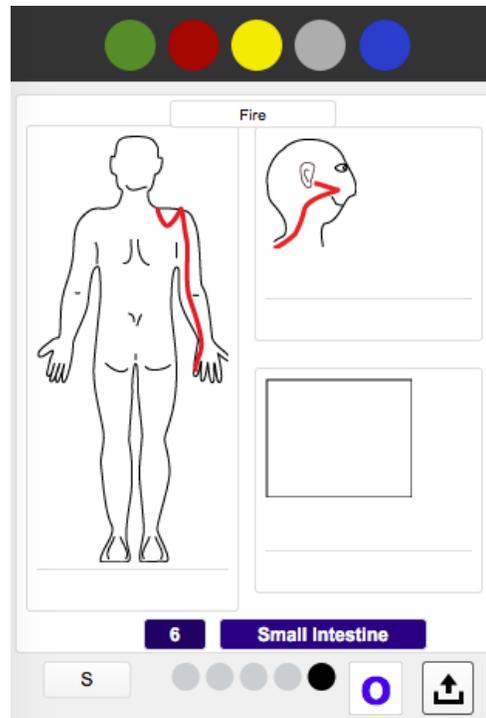
Two popup lists allow selecting any muscle. The list on the left is Meridian order and the other is Alphabetically ordered.



Panel 4



Meridian

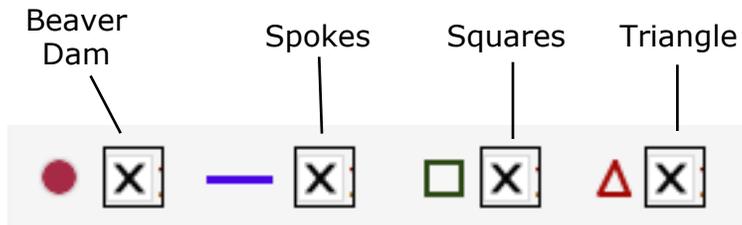


Panel 5

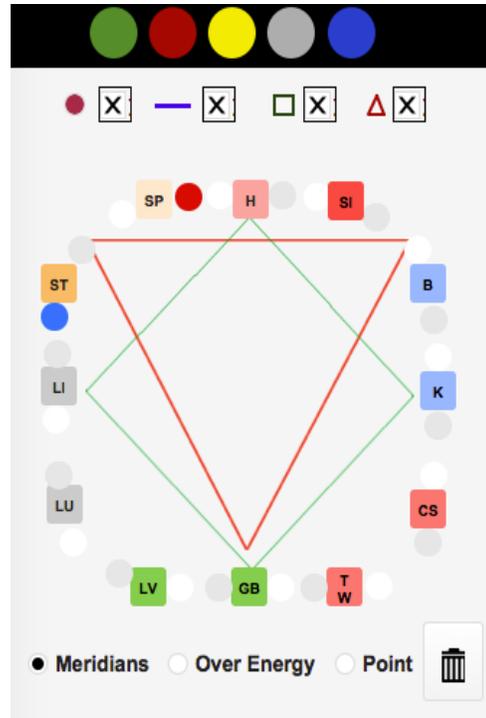


Energy Patterns

Select the patterns to be displayed



Note: the patterns demonstrated here are not connected to testing results on other screens in this guide.



Panel 4

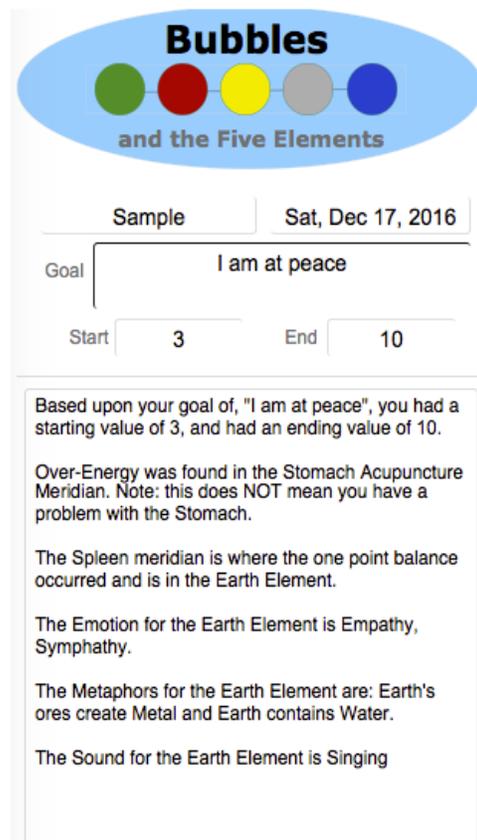


Report

The report can be emailed as a PDF attachment.

User: FirstName

PW: lovebubbles



Acknowledgements



Bubbles
and the Five Elements

Acknowledgements

Thank you, John Thie, George Goodheart, Carrie Thie, Matthew Thie, Gordon Stokes, Sheldon Deal, Walter Schmitt, Wayne Topping, Norma Harnack, Arlene Green, Dave Coleville, Bruce Dewe, Donna Eden, David Feinstein, Jan Cole, Jim Reid, James Oschman, Dawson Church, Richard Utt, Adam Lehman, Robert Aboulache and Richard Duree.

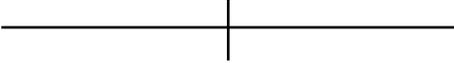
Special thanks to Carole Gottesman for inspiring Earl to learn the self-surrogate technique.

Thanks to Gail Cook for her continued support and assistance!

eTouch for Health

Interactive Tree of TFH

Translations



Translation Credits



Bubbles
and the Five Elements

Language Translators

Translation by

English

Spanish

German

Chinese

French

Japanese

Russian

Translation Status

Translation Status



Bubbles
and the Five Elements

Language Status

	Date Updated	Version
English	9/1/2016	1.0
Chinese	9/1/2016	1.0 G
French	9/1/2016	1.0 G
German	9/1/2016	1.0 T
Japanese	9/1/2016	1.0 G
Russian	9/1/2016	1.0 G
Spanish	9/1/2016	1.0 T

T = Translated by Human
G = Google Translation

Translation Credits